

h2b

spa and salons _____



Our fabulous h2b spa and salons have been designed to give you a wonderful pampering experience.

Whether you are having a stylish hair treatment or choosing from our great range of face and body pampering treatments we hope you enjoy your visit.

We're proud of the training we provide in both hair and beauty but our high standards mean your treatments may take just a little longer than commercial salons.

We look forward to seeing you soon.

Jinica .

Head of Faculty



*Please ask at h2b reception for information
on all our treatments and products.*

*We sell Dermalogica and Wella products.
Cash or card payment welcome.*



For an appointment
telephone 01392 205414 or
email: bookingsh2b@exe-coll.ac.uk

Pamper Days

£50

- ◆ Coffee on arrival
- ◆ Four therapeutic treatments tailored to individual needs
- ◆ Two course lunch @34

Please call reception for more details to arrange your special day.

£25 half day of treatments to include:

- ◆ Coffee on arrival
- ◆ Two treatments
- ◆ Two course lunch @34

or arrangement Wednesday or Thursday afternoon treatments followed by a four course dinner in our restaurant @ thirty-four £40.



Hair Services

Level 2

Cuts (wet or dry)	£4.50
Blow dry	£4.50
Shampoo & set	£4.50
Cut & blow dry	£8.50
Cut & shampoo & set	£7.50
Scalp & hair treatments	£4.00
Hair up	£5.00



Perms - Permanently adds body, root lift or curls to your hair (*Including cut and finish*)

Level 2

Above shoulder	£17.50
Long hair (cost on consultation)	from £28.00

Colouring *(Including finish excluding cut)*

Level 2

Semi-permanent colours		£11.00
Root application:		
permanent colours		£16.00
Quasi colours		£15.50
Bleach		£12.00
Full head:		
permanent colours	<i>from</i>	£24
Quasi colours	<i>from</i>	£23.50
Full head foils (additional cost for long hair)	<i>from</i>	£30.00
Half head foils		£25.00
T section foils		£20.00
Cap highlights		£15.00

Please Note: A skin test must be carried out prior to most colouring services and needs to be updated every 3 months.



Specialist Level 3 Services

Colour correction		<i>(cost on consultation)</i>
High fashion colouring techniques <i>(cost on consultation)</i>	<i>from</i>	£35.00
Full head colours	<i>from</i>	£35.00
Full head foils		£35.00
Half head foils		£30.00
Restyle		£15.00
Cuts (wet or dry)		£8.00
Hair up (bridal)		£10.00

Please Note: A skin test must be carried out prior to most colouring services and needs to be updated every 3 months.

Small Treatments

Eyebrow shape (tweezing)	£3.00
Eyelash/brow tint	£7.00
Nail treatments	£8.00
Luxury nail treatments	£10.00
Gelicure Nails	£15.00
Make up (includes false lashes) from	£5.00

NB: A patch test will be required 48 hours prior to tinting treatments.



Waxing Treatments

Half leg	£8.00
Full leg	£12.00
Underarm	£5.00
Bikini	£5.00
Lip and chin	£3.00
Eyebrow shape/wax	£3.00



Beauty Services

Facial Treatments

Level 2 Facial	£15.00
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A relaxing facial using manual techniques to include: deep cleanse; therapeutic face, neck and shoulder massage plus treatment mask to suit skin type.

Level 3 Facial	£20.00
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A prescriptive facial treatment which will incorporate mechanical and electrical therapy to improve the condition, texture and tone of your skin.



Epilation <i>per 30 minute treatment</i>	£3.00
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NB: More than one treatment is required for each hair.

Massage Treatments

Effective stress relief treatments which leave you feeling relaxed, uplifted or recharged.

Body massage	£15.00
Indian head massage	£8.00
Aromatherapy massage (full body)	£12.00
Hot stone treatment (full body)	£20.00
Hot stone treatment (back)	£10.00

NB: A patch test may be required for aromatherapy.



Body Treatment

Full Body treatment	£12.00
Part Body treatment	£7.00
Tanning treatments	from £5.00



Spa Therapy

We offer a range of luxurious Spa treatments which are ideal for aches, pains and improving skin conditions. All treatments are prescriptive to suit the client's individual needs and will be identified by the therapist during consultation.

Full Body	£20.00
Part Body	£15.00
Flotation (15 mins)	from £5.00

All Spa treatments include an optional spa experience in our sauna and steam room (please bring appropriate swimwear).



Face, Body and Spa Therapy

All treatments are suitable for both male and female clients. Sensitivity testing and certain contra-indications will apply - please discuss with your therapist.

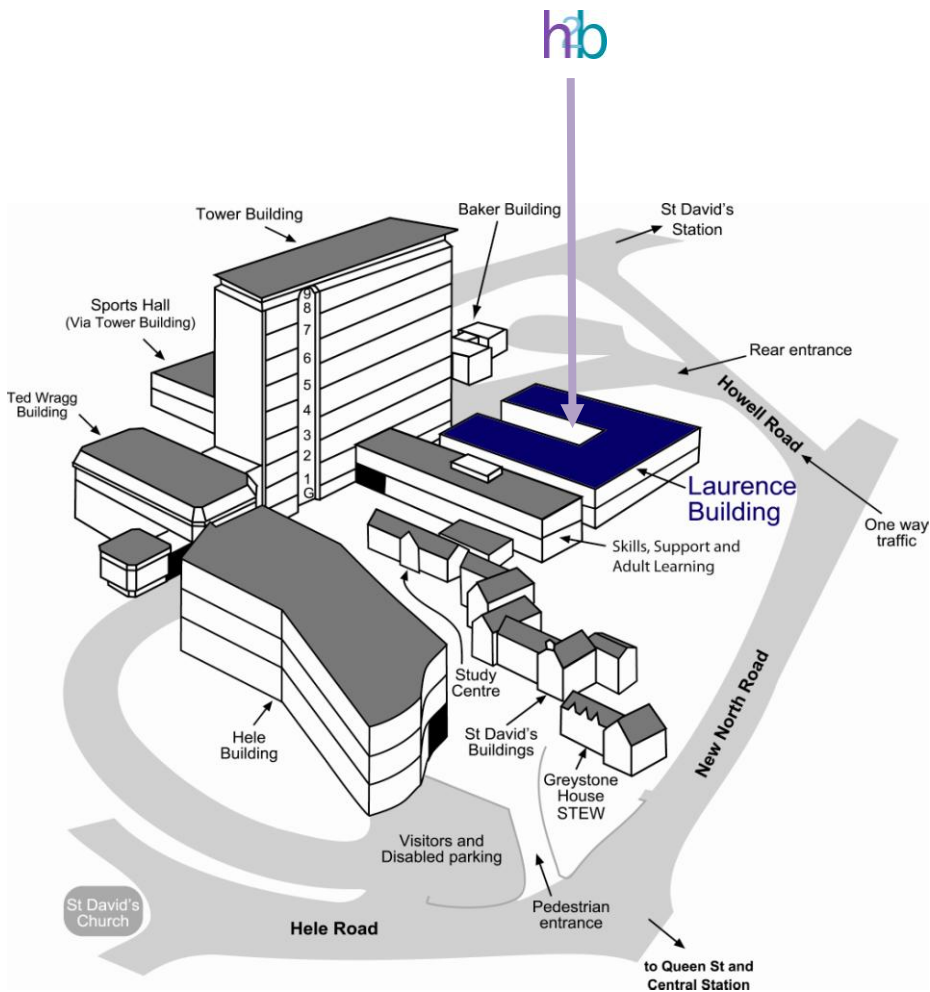


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Where to find us . . .



Hele Centre, Hele Road Exeter
01392 205414
email: bookingsh2b@exe-coll.ac.uk

exeter college